



# ST. LOUIS COUNTY PRESCRIPTION DRUG MONITORING PROGRAM

## St. Louis County Prescription Drug Monitoring Program

- The St. Louis County Prescription Drug Monitoring Program (PDMP) monitors the prescribing and dispensing of schedule II-IV controlled substances to assist in the identification and prevention-prescription drug misuse and abuse.
- The program's goals are to 1) improve controlled substance prescribing by providing critical information regarding a patient's controlled substance prescription history, 2) inform clinical practice by identifying patients at high-risk who would benefit from early interventions, and 3) reduce the number of people who misuse, abuse, or overdose while making sure patients have access to safe, effective treatment.
- Saint Louis County Department of Public Health (DPH) operates the PDMP on behalf of all participating jurisdictions. As of February 2018, there are 58 jurisdictions participating in the PDMP. These 58 jurisdictions cover 79% of the state population and 92% of healthcare providers. A complete list of participating jurisdictions can be found at [www.stlouisco.com/PDMP](http://www.stlouisco.com/PDMP).
  - o Participating in the PDMP means a jurisdiction has enacted PDMP legislation and signed a User Agreement with St. Louis County. Pharmacies in participating jurisdictions must submit dispensation information that is then made available to healthcare providers through the PDMP.

## 2018-2019 PDMP Priorities

- The St. Louis County PDMP went live on April 25, 2017. During the first year of operation, DPH focused on expanding participation to additional jurisdictions and encouraging healthcare providers to register and utilize the PDMP.
- In 2018, DPH will continue to operate and expand participation of the PDMP while shifting to focus on increasing healthcare provider registration and utilization.
- Planned initiatives include:
  - o **Quarterly Reports** – Provides participating jurisdictions with quarterly, county-level reports on prescribing practices. Reports include aggregate, de-identified data; are focused on opioid prescribing; and contain a subset of indicators examined in the Annual Report.
  - o **Mass Registration** – Provides the opportunity for a health system, hospital, medical group, or healthcare practice to bulk register their healthcare providers in the PDMP.
    - Health systems have until April 20, 2018, to complete the mass registration process.
    - DPH will review and approve all user accounts by June 30, 2018.
    - If interested, contact your local public health agency or St. Louis County PDMP at [PDMP.DPH@stlouisco.com](mailto:PDMP.DPH@stlouisco.com) or 314-615-0522.
  - o **Interstate Data Sharing** – Allows healthcare providers to review their patient's full prescription history across multiple states within their native PDMP. Interstate data sharing is particularly beneficial in border areas where a patient's healthcare providers might be located in multiple states. Interstate data sharing allows healthcare providers to register with the PDMP in their jurisdiction instead of registering and utilizing multiple PDMPs.
  - o **Annual Reports** – Provides a variety of public health indicators on prescribing practices. Annual Reports will be focused on all schedule II-IV controlled substance prescriptions and will include the indicators in the Quarterly Reports as well as additional indicators.
  - o **Provider Education/Training Materials** – DPH will provide additional educational/training opportunities for healthcare providers. Trainings will focus on exploring how utilizing the PDMP can help providers make better-informed clinical decisions and improve the safety of prescribing. Additional educational materials will be produced and trainings/webinars recorded for future review.



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- [Prescribing Summaries](#) – Allows providers to review their prescribing behaviors in comparison with their peers, as well as all prescribers. Prescribing summaries will only be provided directly to individual providers.
- [Public-Facing Dashboard](#) – Includes PDMP indicators from the Quarterly and Annual Reports.
- [Unsolicited Reports](#) – Allows providers to be alerted if patients exceed specific thresholds. Alerts would notify providers either within their PDMP dashboard or via email and could include alerts on multiple provider episodes, daily morphine milligram equivalents (MME), co-prescribing of opioids and benzodiazepines, and days supply.
- [EHR Integration](#) – Allows PDMP to be integrated with provider's electronic health records (EHR). DPH is planning to explore the feasibility of EHR integration towards the end of 2018. Contact St. Louis County PDMP at [PDMP.DPH@stlouisco.com](mailto:PDMP.DPH@stlouisco.com) if interested.