

# SUICIDE PREVENTION IN HEALTH CARE



## HELPING PROVIDERS IMPROVE CARE FOR PEOPLE AT RISK FOR SUICIDE

Suicide Prevention in Health Care ECHO educates and empowers providers to competently and confidently treat individuals at risk for suicide. A multidisciplinary team of mental health experts will share information about best practices, plans and procedures. Primary care and emergency medicine providers, school officials, law enforcement and other professionals who interact with the mental health community are encouraged to participate. The ECHO's interactive online learning sessions will occur from **noon to 1 p.m. the first and third Fridays of the month.**

## GOALS AND OBJECTIVES

- Promote evidence-based tools for identifying and evaluating those at risk for suicide.
- Teach best practices for treatment and application of care plans.
- Create a community of practice for sharing resources and overcoming barriers to treatment.

## WHAT DOES THIS ECHO OFFER?

- No cost continuing education for professionals
- Collaboration, support and ongoing learning with a team of experts in suicide care
- Patients get better care in their community
- No cost to participating sites or individuals



**READY TO JOIN?**  
Visit [showmeecho.org](http://showmeecho.org)

## MEET THE EXPERT TEAM



**Bart Andrews, PhD**  
*Lead Facilitator, Chief Clinical Officer Behavioral Health Response*



**Julie Leber, DO**  
*Psychiatrist*  
Compass Health



**Randy Jotte, MD**  
*Emergency Medicine Physician*  
Washington University School of Medicine



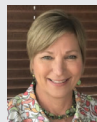
**Rob Poirier, MD, MBA**  
*Emergency Medicine Physician*  
Washington University School of Medicine



**Rebecca Hensley-Ward, PsyD**  
*Clinical Psychologist*  
Truman Medical Centers



**Richard Nobles, PhD**  
*Clinical Psychologist*  
University of Missouri-Kansas City  
Truman Medical Centers



**Beth Zimmer, MD, LTC (Ret) USAR**  
*Family Medicine Primary Care Physician*  
Mercy (Retired)



**Shelby Lang, PharmD, BCPP**  
*Psychiatric Clinical Pharmacist*  
Center for Behavioral Medicine



**Kirsti Millar, MS, LPC**  
*Case Manager*  
ReDiscover

## LEARNING AND DISCUSSION TOPICS

- Understanding Theories of Suicide
- Current Topics in the Epidemiology of Suicide
- Overview of Zero Suicide
- How to Address Mental Health and Approach Patients
- Triageing Suicidal Patients and Care Strategies
- What is a Safety Plan and How Do I Implement It?
- Importance of Follow-Up Care
- Referring Patients to the Emergency Department

